

# 'Competent Person' Fit Test Training Courses

From the 1st September 2009 our courses meet the learning outcomes required for the 'Fit 2 Fit' Accreditation Scheme

There are two methods by which face masks can be fit tested namely quantitative and qualitative. Disposable masks and half masks can be tested using either method whilst full-face masks can only be tested by the quantitative method.

Whichever method you choose to use your fit testing should only be carried out by a 'Competent' person or it will not be valid. The HSE have set the minimum knowledge, skills and experience that a fit tester must have in order to be considered competent - detailed in their document OC 282/28. Additionally a new scheme, called Fit2Fit, is now in place that allows fit testers to be independently accredited. This scheme is endorsed by the HSE and managed and run by the BSIF (British Safety Industry Federation).

Our training courses cover all the areas that the HSE recommend in their guidance (OC 282/28) and meet the learning outcomes of the Fit2Fit Scheme. The courses include both the theory of fit testing as well as an extensive practical session. This gives attendees the chance to carry out a number of tests and gain confidence in using the equipment. We also simulate some of the common reasons for test failures and ensure attendees are knowledgeable in 'troubleshooting' and problem solving.

Courses can be carried out to include Portacount testing, qualitative testing or both if required. Our courses are usually run at clients' premises to minimise disruption and allow us to make them as relevant to your workplace as possible. Off-site courses are also available if you prefer.

Full courses last 1 day and cover the following areas:

- " Correct fitting of a face piece and pre-use checks
- " Recognition of poorly fitting facepieces
- " Purpose of fit testing
- " Differences between and appropriateness of different fit test methods
- " Purpose of fit test exercises
- " Preparation of masks for fit testing
- " Diagnostic checking of face pieces and equipment
- " Capabilities and limitations of fit test equipment
- " How to perform a fit test
- " The problems that may occur during testing and the solutions
- " Interpretation of results
- " Understanding protection factors
- " Legislation regarding fit testing
- " Record keeping requirements
- " Management Policy requirements for ongoing compliance

For details of our half day refresher course please contact us on 0870 486 6454